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PSYCHIATRY FOR WOMEN

INSTRUCTIONS FOR ACCESSING YOUR VIDEO APPOINTMENT

Doxy.me is a secure, HIPAA-compliant telemedicine platform. There is no software to download and no registration required.

10 minutes before your appointment:

- Find a private, quiet place with good light. Avoid sitting with your back to a window.
- Use the latest versions of Chrome, Firefox, or Safari as your browser. Chrome may give a better experience.
- Check the strength of your wifi connection; if it seems weak, move to a different spot that has a stronger signal.
- Close any apps or programs that you're not using.
- Restarting your computer prior to our visit may improve the quality of the video.

2 minutes before your appointment:

- Enter this website into the browser: <https://doxy.me/drbiabeault>
- Click "Allow" to allow your browser to use your webcam and microphone
- Type in your name and click "Check in."
- Test your camera and mic from the waiting room; make sure your whole face is visible in the video frame
- I'll receive an alert that you are in the virtual "waiting room" and at the agreed time I'll start the visit with you.
- If something is not working correctly, please text me and include your name in your text.